



Del Rey September News

Welcome New and Returning families

I just wanted to welcome new and returning families to Del Rey CCC. We the staff of Del Rey CCC are very excited to be stating our new school year. We have scheduled many fun, filled themes and activities

that will enrich each and every child's developmental needs. If you have any questions, comments or concerns, please do not hesitate to ask.

-Cristina

Director: Cristina Aceves
 Assist. Director: Lizzie Moses
 Nursery Lead Teacher: Judith Hernandez
 Nursery Aides: Sasha Bozzalla, Shannon Tracy & Jessica Nunnally
 Ducike Lead Teacher: Germaine Sanders
 Duckie Aide: RonNe Fuller
 Froggie Lead Teacher: Clara Morales
 Froggie Aide: London Bordenaue
 Pre-K Lead Teacher: Candace Welty
 Pre- K Afternoon Teacher: Nancy Estrada
 Pre-K Aide: Kerri Duncan

Del Rey CCC

September 2007

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Separation: It is hard to say goodbye 1996 Noodle Soup Fliers

Thoughts on separations:

- Mastering separations feelings is a life-long process.
- Separation can be sad and painful...

And cause anger and fear.

- Any change in experience (new baby, moving, illness or starting school/day care) awakens separation feelings.
- Even bedtime feels like separation.

What to do:

- Talk about changes as

they occur and feelings of sadness, anger and fear.

- Encourage child to put feelings into words. Say things like "I know this is a hard time." "I will miss you, too."
- Get-acquainted visits are essential.
- Assure your child you will return... "I will be back after lunch/nap."
- Avoid telling the child, "Don't cry, or Be good!"
- Be confident when

saying "goodbye." Give your child hope and say, "We'll feel better."

Remember:

Loving attachments lay the foundation for growing independence.

Talking about separation helps the pain.

Having strong feelings is healthy, including anger and sadness. "It is all right to miss mommy/daddy."



"It's hard for me, too. I'll be back after nap."



Toilet Mastering: How do I teach my child?

Noodle Soup 1998 Fliers

Age 2 is a good time to start

Watch for readiness signs:

- Child stays dry for as long as 2-3 hours.
- Child seems to understand the general idea and is able to let you know when he/she has the urge to urinate or have a BM.
- Child is interested in learning.
- Child can manage clothing and potty chair.

Delay starting if there are major changes at home, like a move, new baby, or illness (new school)

How to teach:

- Get a potty chair and explain its use.
- Use words you want your child to use.
- Dress your child in easy to manage clothes.
- Allow your child to practice.
- Praise any success—never punish.

Once started:

- Don't expect instant success.
- Use training pants during the day and diapers during the night.
- Give child responsibility, not constant reminders.
- Wash your hands each time and teach your children to do the same.

- Expect some accidents-reassure your child.
- Praise any success-never punish.

Common toilet training problems

Many toddlers go through a phase when toilet training won't succeed because they don't want it to. For it to work, your child needs to want to please you and want to take care of himself.

It is very important that toilet training is a relaxed and happy time for your child. Praise him for "going potty." Yelling, making him feel bad or having others tease him when he's had an accident can make toilet training last a very long time.

What should I do about daytime wetting?

If your child is 2 1/2—3 years old and is not toilet trained after several months of trying, he may be trying NOT use the toilet. Try the following:

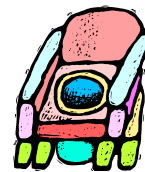
1. Stop all reminders about using the toilet.
2. Let the child know that when he is ready to use the toilet again, you'll be willing to help him.
3. Give praises, smiles and hugs every time your child uses the toilet. If he has an accident, gently reassure him that everyone has accidents when they are learning to use the toilet.

4. Give stars and stickers for using the toilet. Keep them on a chart or calendar so your child can see how far he has come.

What should I do about bed wetting?

Bed wetting is a common problem for many young children. They often are very sound sleepers and have small bladders that can't hold all of the urine made during the night.

1. Limit the amount of liquids your child drinks after 7pm, or about 2 hours before bedtime.
2. Have your child try to use the toilet just before going to bed and as soon as he wakes up.
3. Use training pants whenever your child sleeps. Also, cover his mattress with a rubber pad.
4. Praise him when he stays dry.
5. Respond gently when he does have accidents. Getting angry doesn't help either of you.
6. Tell him to use the toilet if he wakes up in the middle of the night. Let him know that he can come and get you if he needs help.



Buy a potty chair your child will like.

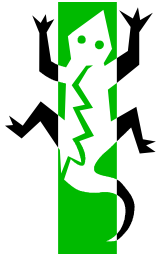
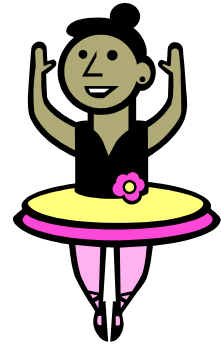
Exciting Enrichment Programs Just for kids

As many of you know So Fly Dance offers a dance class here at Del Rey CCC on Tuesday afternoons for children ages 2-5. The children really seem to enjoy this enrichment program.

I have also been introduced to a new program "PLAYBALL." PLAYBALL is a sport program offered to children ages 2-9. I have attached a flier if you are interested, please sign-up at the Parent Information Board. This will give me an idea of how many people are

interested and if we could possibly offer the PLAYBALL program at our school.

So Fly Dance is offered
 Tuesdays \$50 per
 month 30-45min sessions
 (with special performances at our
 Mother's Day & Father's Day
 Brunch and our annual Christmas
 Program.)
 PLAYBALL (will determine time & day)
 \$45 per month 30 min sessions



Reptile Week



Snack Calendar

September

	Mon- day's	Tues- day's	Wednes- day's	Thurs- day's	Friday's
Morning Snack	Muffins and Milk	Cheerio's and Milk	Graham Cracker's and Milk	Fruit and Crack- ers	Crois- sants and
Afternoon Snack	Fruit and Crackers	Carrots and Crackers	Ritz And Juice	Gold Fish And Juice	String Cheese and Juice

September 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Church 10am	3 Labor day No school	4 Back to School	5	6	7	8 
9 Church 10am	10 Scholastic Orders Due	11 Back to school parent night 6:30pm	12 All about me	13	14	15
16 Church 10am	17	18	19 FALL	20	21 	22
23 Back to school picnic 12:00pm	24	25	26	27	28	29 Wind and Air
30 Church 10am						