



CHRISTMAS – BAG-IT-UP - 2008

Food Pantry, Lax

SUGGESTED MENU FOR A FAMILY OF 4

- 1 CAN **MEAT - CHICKEN, ROAST BEEF, OR HAM**
 [1 LARGE CAN or 2 SMALL CANS]
HAMS - MUST NOT NEED REFRIGERATION
DAK HAMS, CELEBRITY OR PLUMROSE CVS &
LONGS HAVE THEM
- 1 PKG **POTATOES (mashed, etc)**
- 2 CANS **VEGETABLES**
- 1 CAN **FRUIT**
- 1 CAN **SOUP (no broth)**
- 1 PKG **PUDDING OR JELLO**
- 1 JAR **PEANUT BUTTER OR JAM (18 oz)**
- 1 PKG **PIE CRUST & FILLING OR**
 CAKE MIX & FROSTING
- 1 BOX **DRY CEREAL**
- 1 PKG **BISQUICK**
- 1 BOX **MACARONI & CHEESE**

Please No Perishables, Glass Containers, Or Oversized Cans

Please Do Not Overfill the Bag. Thank you!



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